**UNDERGRADUATE NURSING MAJOR**  
**SCHOOL OF NURSING**

### FALL SEMESTER

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>* DGN 1101 The Responsible Self</td>
<td>4 CR</td>
</tr>
<tr>
<td>* ENG 1110 First Year Composition</td>
<td>4 CR</td>
</tr>
<tr>
<td>* SOC 1125 Concepts &amp; Principles of Sociology</td>
<td>4 CR</td>
</tr>
<tr>
<td>OR SOC 2433 Family &amp; Society</td>
<td></td>
</tr>
<tr>
<td>* CTA 1101 Interpersonal Communication</td>
<td>2 CR</td>
</tr>
<tr>
<td>World Language</td>
<td>4 CR</td>
</tr>
<tr>
<td># BIO 2020 Microbiology</td>
<td>3 CR</td>
</tr>
<tr>
<td>GENERAL ED COURSE(S)</td>
<td>8 CR</td>
</tr>
</tbody>
</table>

### SPRING SEMESTER

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>* DGN 1102 And Dignity for All</td>
<td>4 CR</td>
</tr>
<tr>
<td>* PSY 2208 Lifespan Developmental Psychology</td>
<td>4 CR</td>
</tr>
<tr>
<td>* CHM 1040 General Organic &amp; Biochem</td>
<td>2 CR</td>
</tr>
<tr>
<td>* BIO 1036 Biology of the Cell</td>
<td>4 CR</td>
</tr>
<tr>
<td>World Language</td>
<td></td>
</tr>
<tr>
<td>BIO 2520 Vertebrate Anatomy/Physiology</td>
<td>4 CR</td>
</tr>
<tr>
<td>NSG 2111 Professional Nursing &amp; Health Care I</td>
<td>2 CR</td>
</tr>
<tr>
<td>NSG 2222 Rec. Care Across Lifespan for Individuals</td>
<td>2 CR</td>
</tr>
<tr>
<td>NSG 2333 Health Continuum I</td>
<td>3 CR</td>
</tr>
<tr>
<td># HSC 2215 Nutrition for Health/Wellness</td>
<td>2 CR</td>
</tr>
<tr>
<td>GENERAL EDUCATION</td>
<td>4 CR</td>
</tr>
</tbody>
</table>

### GENERAL EDUCATION REQUIREMENTS

**Foundations** 18 credits (plus language requirement)

Foundations courses need not all be completed in a student's first year.

1. DGN 1101 or HON 1111 (4 cr)
2. DGN 1102 or HON 1112 (4 cr)
3. CTA 1101 Interpersonal Communication (2 cr)
4. ENG 1110 First Year Composition (4 cr)
5. World Language
6. Math (4 credits) – Assume PSY 3331

+ The language requirement can be met by having completed three years of one language in high school, by completing the 1112 in a language sequence, by demonstrating equivalent proficiency at the same course levels through a placement exam, or by being bilingual.

**Conceptions & Integrations** 32 credits

Students must complete 4 credits in each of the 7 disciplinary pathways plus 4 more credits in any pathway(s). 16 credits must be Conceptions courses (1000 or 2000-level) 8 credits must be designated Integrations courses (3000 or 4000 level).

1. Social Sciences - Assume SOC or PSY
2. History
3. Literature
4. Fine Arts
5. Religious Studies - conceptions level
6. Philosophy
7. Science – Assume CHM 1040
8. Open

**ADDITIONAL NURSING REQUIREMENTS TO BE COMPLETED PRIOR TO APPLYING TO THE MAJOR:**

- 2 year Health Care Provider or Professional Rescuer CPR certification.
- Required Health Immunizations..
- Nursing Assistant course followed by current State Registration as a CNA (Certified Nursing Assistant)

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* THESE COURSES OR THEIR EQUIVALENT ARE REQUIRED PRIOR TO ENTRY INTO THE NURSING MAJOR.

# THESE COURSES OR THEIR EQUIVALENT ARE REQUIRED PRIOR TO ENTRY INTO THE NURSING MAJOR OR CONCURRENTLY WITH SPRING SOPH NSG CLASSES.

** STUDENTS MUST COMPLETE BIO 2110 ON GROUND IN ORDER TO ENROLL IN SPRING SOPH NSG COURSES.

^ BIO 3020 MUST BE COMPLETED IN THE SAME SEMESTER IT WAS STARTED AND BEFORE JUNIOR SPRING SEMESTER. **PLEASE NOTE: STUDENT CREDIT LOAD WILL AVERAGE FROM 16 – 18 CREDITS EACH SEMESTER.**
Freshman (can be done summer before sophomore year)
1. Take a Certified Nurses Assistant Course (CNA) followed by state registration as a CNA.
2. Complete immunization requirements.
   - TDAP
   - Chicken Pox Vaccine Dates or Titer
   - Hep B Series or Titer
   - MMR Dates or Titer Dates
   - Mantoux (Tuberculin Skin Test (can wait until fall of your sophomore year)
3. Complete CPR certification. (2 year expiration Healthcare Provider or Professional Rescuer Course.) Contact the American Red Cross and/or the American Heart Association for class schedules.
4. Purchase study guide for the Test of Essential Academic Skills (TEAS®). (Optional)

Sophomore
Fall Semester
1. Complete CPR certification if you have not done so already. (2 year expiration Healthcare Provider or Professional Rescuer Course.) Contact the American Red Cross and/or the American Heart Association for class schedules.
2. Take a Certified Nurses Assistant Course (CNA) followed by state registration as a CNA if you have not done so already.
3. Complete Application to Major. (Available online-info will be e-mailed out)
4. Test of Essential Academic Skills (TEAS®). To be completed during application to the major process.

Spring Semester (Upon Acceptance)
1. Create a Certified Background Profile (info will be e-mailed out upon acceptance) and upload your CPR, CNA course, CNA registration, and immunizations.
   - Complete immunization requirements.
     - TDAP
     - Chicken Pox Vaccine Dates or Titer
     - Hep B Series or Titer
     - MMR Dates or Titer Dates
     - Mantoux (Tuberculin Skin Test)
     - Influenza Vaccine for current season
2. Upload your immunization into MyHealth (https://myhealth.css.edu) if you have not done so already.
3. Complete the Minnesota Background Study, WI Background Study, and Criminal Background study via Certified Background.

Junior Year
1. Upload a copy of new CPR certification if expired via Certified Background.
2. Complete the MN Background Study via Certified Background (instructions will be sent via e-mail.)
3. Update Mantoux (Tuberculin Skin Test) clinic if you do not have record of one on file with Certified Background.
4. Upload current Influenza Vaccine to Certified Background.

**Senior Year**

1. Upload a copy of new CPR certification if expired via Certified Background.
2. Complete the MN Background Study via Certified Background (instructions will be sent via e-mail.)
3. Update Mantoux (Tuberculin Skin Test) clinic if you do not have record of one on file with Certified Background.
4. Upload current Influenza Vaccine to Certified Background.